

WORD OF THE WEEK

APOPLECTIC

/,apəˈplɛktɪk/

Origin: Early 17th century from French **apoplectique**, 'disable by a stroke'.

Adjective

1. Overcome with anger; furious.

"They were **apoplectic** with rage at the decision"

2. Relating to or denoting apoplexy (stroke).

"An **apoplectic** attack"

QUOTE OF THE WEEK

"Your time is limited, so don't waste it living someone else's life."

- Steve Jobs



PERSON OF THE WEEK

Nellie Bly

May 5, 1864 – January 27, 1922



An American journalist, industrialist, inventor, and charity worker who was widely known for her record-breaking trip **around the world in 72 days** and for her expose in which she worked undercover to report on a mental institution from within, starting a new branch of **investigative journalism**.

SONG OF THE WEEK

Des'ree

"Gotta Be"



Released: 1994

UK Singles Chart Position: 14

UK R&B Chart Position: 2

WORD OF THE WEEK

BALDERDASH

/ˈbɔːldədɑːʃ/

Origin: Late 16th century

Noun

Senseless talk or writing; nonsense.

"She dismissed talk of plots as
'balderdash'"

QUOTE OF THE WEEK

"Every villain is a hero in
his own mind."

— **Tom Hiddleston**



PERSON OF THE WEEK

Marsha P Johnson

August 24, 1945 – July 6, 1992

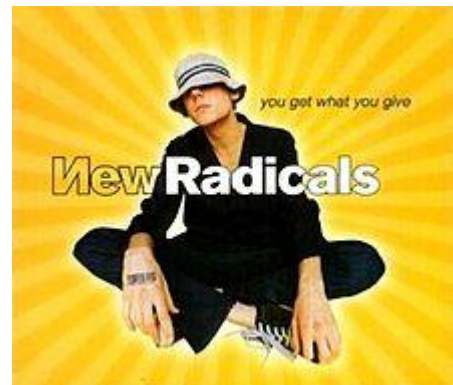


Marsha P. Johnson, was an American gay liberation activist and self-identified drag queen. Known as an outspoken advocate for gay rights, Johnson was one of the prominent figures in the Stonewall uprising of 1969. A founding member of the Gay Liberation Front and modelled for Andy Warhol before her suspicious death in 1992.

SONG OF THE WEEK

New Radicals

"Get what you give"



Released: 1998

UK Singles Chart Position: 5

WORD OF THE WEEK

CACOPHONY

/kə'kɒf(ə)ni/

Origin: From Greek
Kakos "bad" + **phōnē** 'sound'.

Noun

A harsh discordant mixture of sounds.

"A **cacophony** of deafening alarm bells"

QUOTE OF THE WEEK

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

– **Maya Angelou**



PERSON OF THE WEEK

Percy Julian

April 11, 1899 – April 19, 1975



An American research chemist and a pioneer in the chemical synthesis of medicinal drugs from plants. His work laid the foundation for the steroid drug industry's production of cortisone, other corticosteroids, and birth control pills

SONG OF THE WEEK

NASHVILLE CAST

Claire Bowen, Sam Palladio & Jonathan Jackson

"My Song"



Released: 2005
UK Singles Chart Position: N/A

WORD OF THE WEEK

DIAPHANOUS

/dɪˈɪf(ə)nəs/

Origin: From Greek
dia 'through' + *phainein* 'to show'.

Adjective

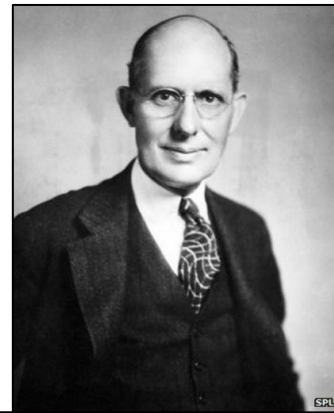
Especially light, delicate, and translucent. Usually fabric.

"A **diaphanous** dress of pale gold"

QUOTE OF THE WEEK

"Believe and act as if it were impossible to fail."

– **Charles Kettering**



PERSON OF THE WEEK

Hedy Lemarr

November 9, 1914 – January 19, 2000



An Austrian-American actress, inventor, and film producer. She was part of 30 films in an acting career spanning 28 years, and co-invented an early version of frequency-hopping spread spectrum, which led the way for Bluetooth technology and Wi-Fi.

SONG OF THE WEEK

ARETHA FRANKLIN

"R.E.S.P.E.C.T"



Released: 1967
UK Singles Chart Position: 10

WORD OF THE WEEK

EPIPHANY

/ɪˈpɪf(ə)ni, ɛˈpɪf(ə)ni/

Origin: From Greek –
epiphainein 'reveal'.

Noun

1. A moment of sudden and great revelation or realization.

"He had an **epiphany** whilst walking the dog"

2. Christian Festival: the manifestation of Christ to the Gentiles as represented by the Magi.

QUOTE OF THE WEEK

"Remember no one can make you feel inferior without your consent."

– Eleanor Roosevelt



PERSON OF THE WEEK

Harvey Milk

May 22, 1930 – November 27, 1978



An American politician and the first openly gay elected official in the history of California, where he was elected to the San Francisco Board of Supervisors. He was shot and killed in 1978 by Dan White along with Mayor George Moscone.

SONG OF THE WEEK

AVICII

"Wake Me Up"



Released: 2013

UK Singles Chart Position: 1

UK Dance Chart Position: 1

WORD OF THE WEEK

FINICKY

/ˈfɪŋɪki/

Origin: Early 19th century English
from **finical** + **-y**.

Adjective

1. Of a person: fussy about their needs or requirements.

“The baby is a **finicky** eater”

2. Showing or requiring great attention to detail.

QUOTE OF THE WEEK

“We are powerful
because we survived.”

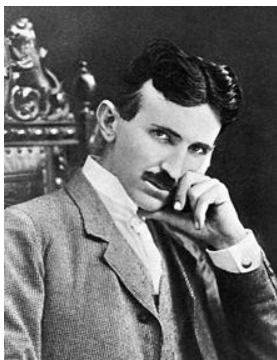
– **Audre Lorde**



PERSON OF THE WEEK

Nikola Tesla

10 July 1856 – 7 January 1943



Nikola Tesla was a Serbian-American inventor, electrical engineer, mechanical engineer, and futurist who is best known for his contributions to the design of the modern alternating current electricity supply system.

SONG OF THE WEEK

BISHOP BRIGGS

“*Champion*”



Released: 2019
UK Singles Chart Position: 414

WORD OF THE WEEK

GALLIMAUFRY

/ˌɡalɪˈmɔːfri/

Origin: Mid 16th century archaic French **galimafrée** 'unappetizing dish'

Noun

A confused jumble or medley of things.

"A glorious **gallimaufry** of childhood perceptions"

QUOTE OF THE WEEK

"Named must be your fear before banish it you can."

- Yoda



PERSON OF THE WEEK

Helen Keller

June 27, 1880 – June 1, 1968

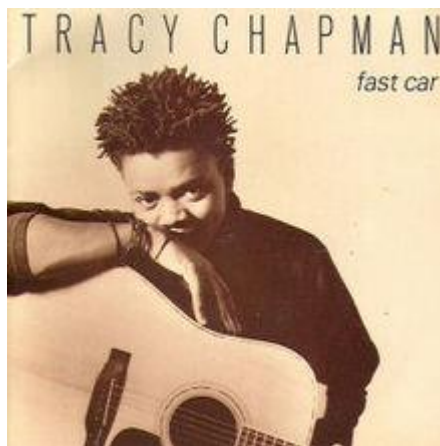


An American author, political activist, and lecturer. She was the first deaf-blind person to earn a Bachelor of Arts degree. A prolific author, Keller was well-traveled and outspoken in her convictions. A member of the Socialist Party of America and the Industrial Workers of the World, she campaigned for women's suffrage, labour rights, socialism, antimilitarism, and other similar causes.

SONG OF THE WEEK

TRACY CHAPMAN

"Fast Car"



Released: 1988
UK Singles Chart Position: 6

WORD OF THE WEEK

HARRUMPH

/hə'ɹʌmf/

Origin: 1930s: imitative.

Verb

1. To clear the throat noisily.

"He **harrumphed** and said, 'I am deeply obliged.'"

2. To grumpily express dissatisfaction or disapproval.

"Sceptics tend to **harrumph** at case histories like this"

QUOTE OF THE WEEK

Find the good. It's all around you. Find it, showcase it and you'll start believing in it.

– Jesse Owens



PERSON OF THE WEEK

Jesse Owens

September 12, 1913 – March 31, 1980

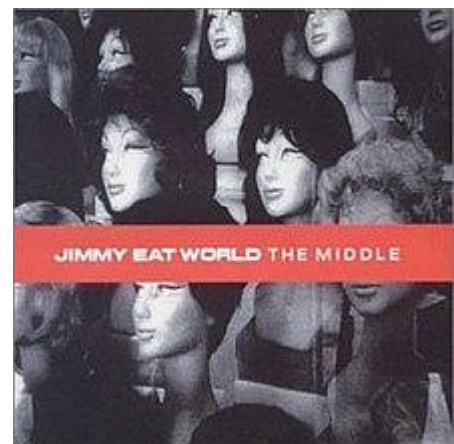


An American track and field athlete and four-time gold medalist in the 1936 Olympic Games where he set three world records and tied another. Owens specialized in the sprints and the long jump and was recognized in his lifetime as "perhaps the greatest and most famous athlete in track and field history".

SONG OF THE WEEK

JIMMY EAT WORLD

"The Middle"



Released: 2001

UK Singles Chart Position: 26

UK Rock Chart Position: 2

WORD OF THE WEEK

IDIOSYNCRASY

/ˌɪdiə(ʊ)ˈsɪŋkrəsi/

Origin: From Greek

idios 'own, private' + **sun** 'with'
+ **krasis** 'mixture'.

Noun

1. A mode of behaviour or way of thought peculiar to an individual.

"One of his little **idiosyncrasies** was always preferring to be in the car first"

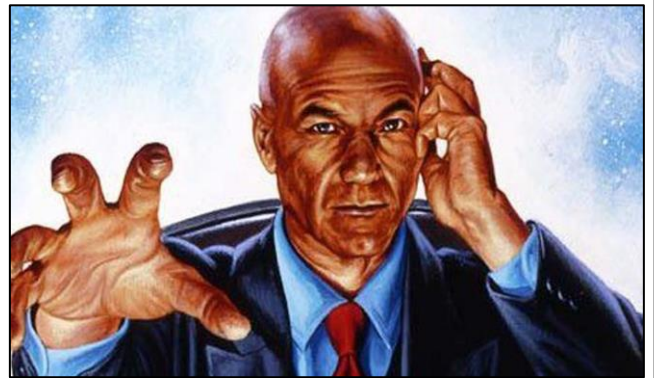
2. A distinctive or peculiar feature or characteristic of a place or thing.

"The **idiosyncrasies** of the prison system"

QUOTE OF THE WEEK

"Just because someone stumbles and loses their path, doesn't mean they're lost forever."

-Professor X



PERSON OF THE WEEK

Sanna Marin

Born 16 November 1985

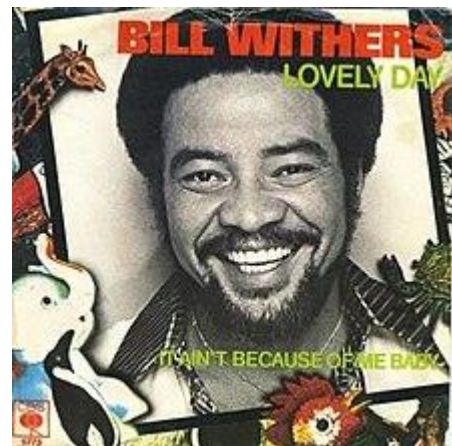


Marin is currently the second-youngest serving state leader, the youngest female state leader, and Finland's youngest-ever Prime Minister when elected in December 2019. A majority of the ministers in her five-party cabinet are women, numbering 12 out of 19 at the time of the cabinet's formation.

SONG OF THE WEEK

BILL WITHERS

"Lovely Day"



Released: 1977

UK Singles Chart Position: 7

WORD OF THE WEEK

JUXTAPOSITION

/ˌdʒʌkstəˈpeɪz/

Origin: From Latin **juxta** 'next' + French **poser** 'to place'.

Verb

To place or deal with close together for contrasting effect.

"Black-and-white photos of slums were starkly **juxtaposed with** colour images"

QUOTE OF THE WEEK

"Always forgive your enemies; nothing annoys them so much."

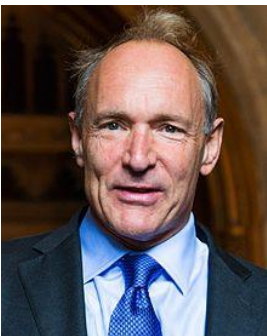
– Oscar Wilde



PERSON OF THE WEEK

Sir Tim Berners-Lee

Born 8 June 1955



An English engineer and computer scientist best known as the inventor of the World Wide Web. Berners-Lee published the first web site, which described the project itself, on 20 December 1990; it was available to the Internet from the CERN network.

SONG OF THE WEEK

LADY GAGA

"Just Dance"



Released: 2008
UK Singles Chart Position: 1

WORD OF THE WEEK

KISMET

/ˌdʒʌkstəˈpeɪz/

Origin: From Arabic
qisma 'division, portion, lot'

Noun

Destiny; Fate.

"What chance did I stand against
kismet?"

QUOTE OF THE WEEK

"I have never been
interested in being
invisible or erased."

-Laverne Cox



PERSON OF THE WEEK

Laverne Cox

Born May 29, 1972



An American actress and LGBTQ+ advocate. She is the first openly transgender person to be nominated for a Primetime Emmy Award in any acting category. She is also the first openly transgender person to be on the cover of *Time* magazine.

SONG OF THE WEEK

ELTON JOHN

"I'm Still Standing "



Released: 1983
UK Singles Chart Position: 4

WORD OF THE WEEK

LUGUBRIOUS

/lʊ'gu:brɪəs/

Origin: Early 17th century Latin
lugubris 'mourn' + -ous.

Adjective

Looking or sounding sad and dismal.

"his face looked even more
lugubrious than usual"

QUOTE OF THE WEEK

"Life moves pretty fast. If you don't stop and look around once in a while, you could miss it."

–Ferris Bueller



PERSON OF THE WEEK

Princess Sophia Duleep Singh

8 August 1876 – 22 August 1948

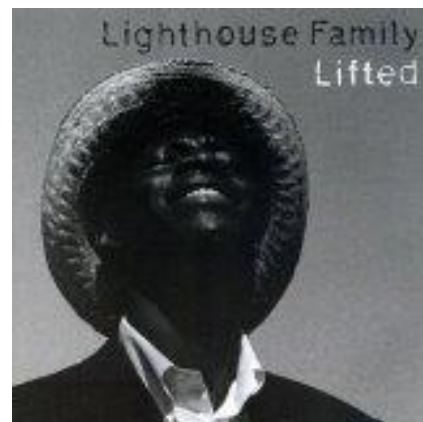


A prominent suffragette in the United Kingdom, and her goddaughter to Queen Victoria. She espoused causes of equality and justice far removed from her royal background, and played a significant role at a crucial point in the history of England and India

SONG OF THE WEEK

LIGHTHOUSE FAMILY

"Lifted"



Released: 1995
UK Singles Chart Position: 4
UK R&B Chart Position: 2

WORD OF THE WEEK

MAELSTROM

/ˈmeɪlstrəm/

Origin: From Dutch
maalen 'grind, whirl' + **stroom**
'Stream'

Noun

1. A powerful whirlpool in the sea or a river.
2. A situation or state of confused movement or violent turmoil.

"The train station was a **maelstrom** of crowds"

QUOTE OF THE WEEK

If you focus on what you left behind, you will never be able to see what lies ahead.

- Remy (Ratatouille)



PERSON OF THE WEEK

Thomas Browne

19 October 1605 – 19 October 1682

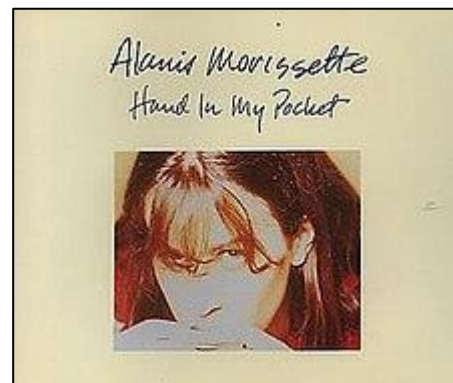


An English polymath and author of varied works which reveal his wide learning in diverse fields including science and medicine, religion and the esoteric. His writings display a deep curiosity towards the natural world. He is best known for his book of reflections, *Religio Medici*.

SONG OF THE WEEK

ALANIS MORRISSETTE

"Hand in my pocket"



Released: 1995
UK Singles Chart Position: 26

WORD OF THE WEEK

NOMENCLATURE

/nə(ʊ)'mɛŋklətʃə, 'nəʊmən, klɛɪtʃə/

Origin: From Latin

nomen 'name' + **clatura** 'calling, summoning'

Noun

The body or system of names used in a particular specialist field.

"The students found it hard to decipher the **nomenclature** of chemical compounds"

QUOTE OF THE WEEK

"Be a first rate version of yourself, not a second rate version of someone else."

– Judy Garland



PERSON OF THE WEEK

Ruby Bridges

Born September 8, 1954



An American civil rights activist. She was the first African-American child to desegregate the all-white William Frantz Elementary School in Louisiana during the New Orleans school desegregation crisis on 14 November 1960.

SONG OF THE WEEK

THE LOVIN' SPOONFUL

"Summer in the City"



Released: 1966

UK Singles Chart Position: 8

WORD OF THE WEEK

OXYMORON

/ˌɒksɪˈmɔːrən/

Origin: From Greek
oxus 'sharp' + **mōros** 'foolish'.

Noun

A figure of speech in which
apparently contradictory terms
appear in conjunction

e.g. *faith unfaithful kept him falsely
true.*

QUOTE OF THE WEEK

"If you're walking down
the right path and
you're willing to keep
walking, eventually
you'll make progress."

- **Barack Obama**



PERSON OF THE WEEK

Mary Wollstonecraft

27 April 1759 – 10 September 1797



An English writer, philosopher, and
advocate of women's rights. She is
regarded as one of the founding
feminist philosophers, and she is best
known for *A Vindication of the Rights of
Woman* (1792), in which she argues that
women are not naturally inferior to men
but appear to be only because they
lack education.

SONG OF THE WEEK

CHER

"**Strong Enough**"



Released: 1998
UK Singles Chart Position: 5

WORD OF THE WEEK

PANDEMONIUM

/ˌpændɪˈməʊniəm/

Origin: From Latin **pan-** 'all' + Greek **daimōn** 'demon'.

Noun

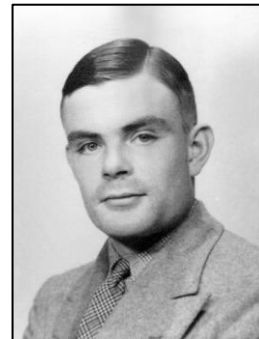
Wild and noisy disorder or confusion; uproar.

"There was complete pandemonium—everyone just panicked"

QUOTE OF THE WEEK

"Sometimes it is the people who no one imagines anything of who do the things that no one can imagine."

–Alan Turing



PERSON OF THE WEEK

Lise Meitner

7 November 1878 – 27 October 1968

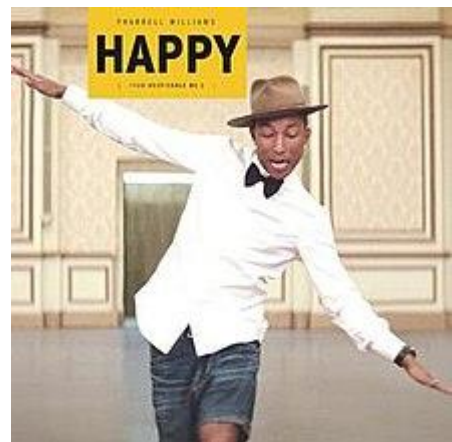


An Austrian-Swedish physicist who contributed to the discoveries of an element protactinium and nuclear fission. Meitner received many awards and honours late in her life, but did not share in the 1944 Nobel Prize in Chemistry for nuclear fission, which was awarded exclusively to her long-time collaborator Otto Hahn.

SONG OF THE WEEK

PHARRELL WILLIAMS

"Happy"



Released: 2013
UK Singles Chart Position: 1

WORD OF THE WEEK

QUIXOTIC

/kwɪk'sɒtɪk/

Origin: Late 18th Century English

Adjective

Extremely idealistic; unrealistic and impractical.

"A vast and perhaps **quixotic** project"

QUOTE OF THE WEEK

"I see now that the circumstances of one's birth are irrelevant. It is what you do with the gift of life that determines who you are."

-Mewtwo (Takeshi Shudo)



PERSON OF THE WEEK

Empress Wu Zetian

17 February 624 – 16 December 705



The only woman in more than three millennia to rule China in her own right. Renowned for her beauty, political acumen and tenacity, she was also manipulative, ruthless and outright murderous. Her ascendancy and reign were steeped in blood and terror, yet she remained overwhelmingly popular.

SONG OF THE WEEK

ELECTRIC LIGHT ORCHESTRA

"Mr Bluesky"



Released: 1978
UK Singles Chart Position: 6

WORD OF THE WEEK

RIGMAROLE

/ˈrɪgmərəʊl/

Origin: Mid 18th Century English

Noun

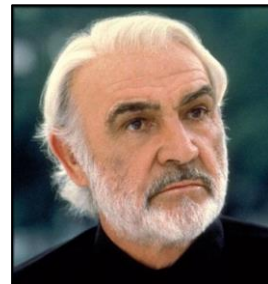
A lengthy and complicated procedure.

"He went through the **rigmarole** of securing the front door"

QUOTE OF THE WEEK

"We walk away from our dreams afraid we may fail, or worse yet, afraid we may succeed."

**–William Forrester
(Finding Forrester Movie)**



PERSON OF THE WEEK

Wangari Maathai

1 April 1940 – 25 September 2011

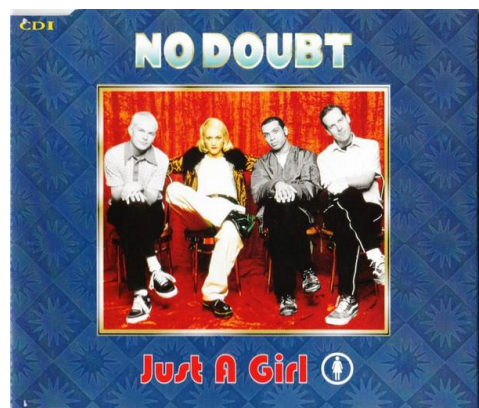


A renowned Kenyan social, environment and political activist and the first African woman to win the Nobel Prize for her "contribution to sustainable development, democracy and peace". She was also the first woman in East and Central Africa to earn a PhD, at the University of Nairobi in Kenya.

SONG OF THE WEEK

NO DOUBT

"Just a Girl"



**Released: 1995
UK Singles Chart Position: 3**

WORD OF THE WEEK

SERENDIPITY

/ˌsɛr(ə)nˈdɪpɪti/

Origin: 1754: coined by Horace Walpole

Noun

The occurrence and development of events by chance in a happy or beneficial way.

"A fortunate stroke of **serendipity**"

QUOTE OF THE WEEK

"At the end of the day, we can endure much more than we think we can"

-Freida Kahlo



PERSON OF THE WEEK

George Takei

Born April 20, 1937



An American actor, author, and activist.

He is best known for his role as Hikaru Sulu on Star Trek. Takei is a proponent of LGBT rights and is active in state and local politics. He has won several awards and accolades in his work on human rights and his work highlighting his experiences in the Japanese internment camps during WWII.

SONG OF THE WEEK

THE MONKEES

"I'm a Believer"



Released: 1966
UK Singles Chart Position: 1

WORD OF THE WEEK

TINTINNABULATION

/ˌtɪntɪnəbjʊˈleɪʃ(ə)n/

Origin: From Latin
tintinnabulum 'tinkling bell'

Noun

A ringing or tinkling sound.

"The tiny **tintinnabulation**, faint as fairy bells"

QUOTE OF THE WEEK

"Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world."

– Harriet Tubman



PERSON OF THE WEEK

Harriet Tubman

March 1822– March 10, 1913



An American abolitionist and political activist. Born into slavery, she escaped and subsequently made some 13 missions to rescue approximately 70 enslaved people, using the Underground Railroad. During the American Civil War, she served as an armed scout and spy for the Union Army. In her later years, she was an activist in the struggle for women's suffrage.

SONG OF THE WEEK

CHRISTINA AGUILERA

"Fighter"



Released: 2003
UK Singles Chart Position: 3

WORD OF THE WEEK

ULULATE

/ˈjuːljʊleɪt, ˈɹljʊleɪt/

Origin: From Latin
ululat- 'howled, shrieked'

Verb

To howl or wail as an expression of strong emotion, typically grief.

"They were **ululating** as the body was laid out"

QUOTE OF THE WEEK

"In complete darkness, it is only knowledge and wisdom that separates us."

– Janet Jackson



PERSON OF THE WEEK

DarkMatter



DarkMatter was an art and activist collaboration between Janani Balasubramanian and Alok Vaid-Menon, known for their spoken word performances and queer/trans South Asian themes. They met as students at Stanford University in 2009. In 2017, they announced they were "bringing DarkMatter to a close as a collaboration in order to dedicate ourselves wholly to our solo art practices."

SONG OF THE WEEK

TOPLOADER

"Dancing in the Moonlight"



Released: 2000
UK Singles Chart Position: 7

WORD OF THE WEEK

VEHEMENT

/ˈjuːljʊləɪt, ˈlɪjʊləɪt/

Origin: From French **véhément** or Latin **vehement-** 'impetuous, violent'

Adjective

Showing strong feeling; forceful, passionate, or intense.

"The voice was low but **vehement**"

QUOTE OF THE WEEK

"Live in the sunshine,
swim the sea, drink the
wild air."

– **Ralph Waldo Emerson**



PERSON OF THE WEEK

Sojourner Truth

1797 – November 26, 1883



An American abolitionist and women's rights activist. Her best-known speech "Ain't I a Woman?" was delivered extemporaneously, in 1851, at the Ohio Women's Rights Convention in Akron, Ohio and demanded equal human rights for all women as well as for all blacks.

SONG OF THE WEEK

BLACK EYED PEAS

"Where's the Love?"



Released: 2003
UK Singles Chart Position: 1
UK R&B Chart Position: 1

WORD OF THE WEEK

WIDDERSHINS

/ˈwɪdəʃɪnz/

Origin: Middle High German
wider 'against' + **sin** 'direction'

Adverb

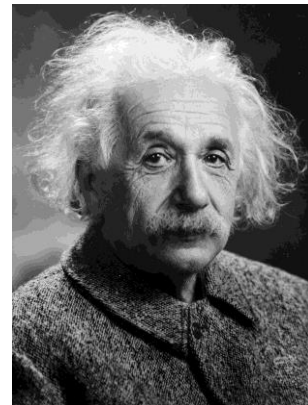
In a direction contrary to the sun's course, considered as unlucky; anticlockwise.

"She danced **widdershins** around him"

QUOTE OF THE WEEK

Life is like riding a bicycle. To keep your balance, you must keep moving.

— **Albert Einstein**



PERSON OF THE WEEK

Ajay Bhatt

Born 6 September 1957



An Indian-born American computer architect who defined and developed several widely used technologies, including the USB

SONG OF THE WEEK

HAILEE STEINFELD

"Most Girls"



Released: 2017
UK Singles Chart Position: 34

WORD OF THE WEEK

XEBEC

/ˈziːbək/

Origin: Mid 18th century Spanish

Noun

A small three-masted Mediterranean sailing ship with lateen and square sails.

QUOTE OF THE WEEK

The most important thing is to enjoy your life – to be happy – it's all that matters.

— **Audrey Hepburn**



PERSON OF THE WEEK

Audrey Hepburn

4 May 1929 – 20 January 1993



A Belgian/British actress and humanitarian.

She starred in over 25 films including *Breakfast at Tiffany's* and *Funny Face*, but later in life she devoted much of her time to UNICEF. She worked in some of the poorest communities of Africa, South America, and Asia between 1988 and 1992.

In December 1992, she received the Presidential Medal of Freedom in recognition of her work as a UNICEF Goodwill Ambassador.

SONG OF THE WEEK

RAG N BONE MAN

“Human”



Released: 2016
UK Singles Chart Position: 2

WORD OF THE WEEK

YENTA

/ˈjɛntə/

Origin: 1920s Yiddish

Noun

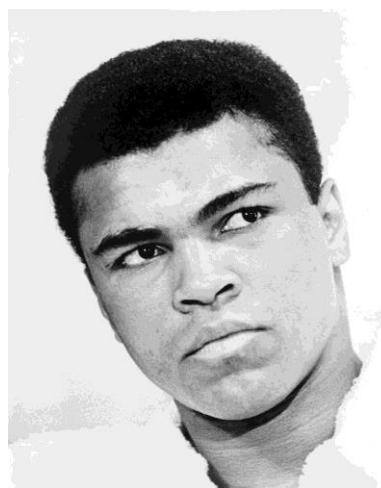
A woman who is a gossip or busybody.

"She acts like a nosy **yenta**"

QUOTE OF THE WEEK

What you're thinking is what you're becoming.

– **Muhammad Ali**



PERSON OF THE WEEK

Emmanuelle Charpentier

Born 11 December 1968



A French professor and researcher in microbiology, genetics and biochemistry. Charpentier is best known for her role in deciphering the molecular mechanisms of the bacterial CRISPR/Cas9 immune system and repurposing it into a tool for genome editing.

SONG OF THE WEEK

BILLY JOEL

"We didn't start the fire"



Released: 1989
UK Singles Chart Position: 7

WORD OF THE WEEK

ZEITGEIST

/ˈzʌɪtɡaɪst/

Origin: From German
Zeit 'time' + **Geist** 'spirit'.

Noun

The defining spirit or mood of a particular period of history as shown by the ideas and beliefs of the time.

"The story captured the **zeitgeist** of the late 1960s"

QUOTE OF THE WEEK

"Your story is what you have, what you will always have. It is something to own,"

- **Michelle Obama**



PERSON OF THE WEEK

John Cadbury

12 August 1801 – 11 May 1889



An English proprietor and founder of Cadbury, the chocolate business based in Birmingham. He campaigned against animal cruelty, forming the Animals Friend Society, a forebear of the RCPA. The town of Bourneville was set up for the Cadbury's workers is the only town in the UK that is completely dry with not alcohol sold anywhere within its boundaries.

SONG OF THE WEEK

SURVIVOR

"Eye of the Tiger"



Released: 1982
UK Singles Chart Position: 1

WORD OF THE WEEK

AVUNCULAR

/əˈvʌŋkjʊlə/

Origin: From Latin
avunculus 'maternal uncle'

Adjective

Kind and friendly towards a younger or less experienced person.

"He was **avuncular**, reassuring, and trustworthy"

QUOTE OF THE WEEK

"To know what you know and what you do not know, that is true knowledge."

– Confucius



PERSON OF THE WEEK

Baroness Valerie Amos

Born 13 March 1954



Baroness Amos has been a trailblazer for Black Women in higher education and politics of the United Kingdom. She was a United Nations under secretary, the first black Leader of the House of Lords, the first black woman to lead a university school in the United Kingdom and will become the first black woman to head of an Oxford college, University College in 2020

SONG OF THE WEEK

PANIC AT THE DISCO

"High Hopes"



Released: 2018
UK Singles Chart Position: 12

WORD OF THE WEEK

BORBORYGMUS

/ˌbɔːbəˈrɪgməs/

Origin: From Greek
borborugmos

Noun

A rumbling or gurgling noise made by the movement of fluid and gas in the intestines.

QUOTE OF THE WEEK

“Sometimes people are beautiful. Not in looks. Not in what they say. Just in what they are.”

— **Markus Zusak, I Am the Messenger**



PERSON OF THE WEEK

Boudica

Died c60 – 61 AD

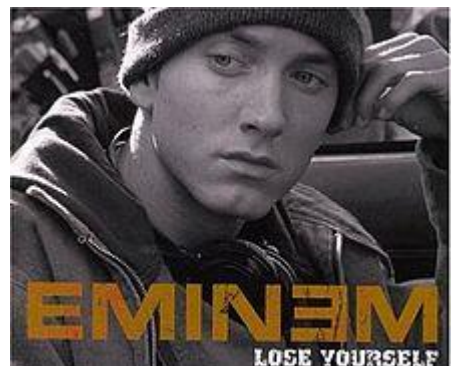


A queen of the British Celtic Iceni tribe who led an uprising against the Roman Empire in AD 60 or 61. She addressed her army with these words, "It is not as a woman descended from noble ancestry, but as one of the people that I am avenging lost freedom, my scourged body, the outraged chastity of my daughters," and concluded, "This is a woman's resolve; as for men, they may live and be slaves."

SONG OF THE WEEK

EMINEM

“Lose Yourself”



Released: 2002
UK Singles Chart Position: 1

WORD OF THE WEEK

CONNIPTION

/kəˈnɪpʃ(ə)n/

Origin: mid 19th century American

Noun

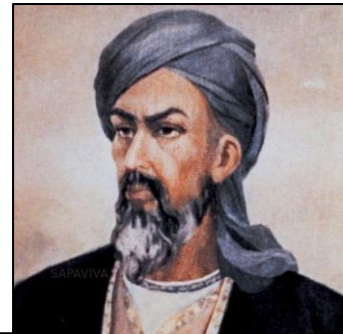
A fit of rage or hysterics.

"His client was **having conniptions** on the phone"

QUOTE OF THE WEEK

"The knowledge of anything, since all things have causes, is not acquired or complete unless it is known by its causes."

– **Avicenna**



PERSON OF THE WEEK

Helen Sharman

Born 30 May 1963



A chemist who became the first British astronaut as well as the first woman to visit the *Mir* space station in May 1991. The programme was known as Project Juno and was a cooperative Soviet Union–British mission co-sponsored by a group of British companies, she was selected for the mission live on ITV, on 25 November 1989, ahead of nearly 13,000 other applicants.

SONG OF THE WEEK

ONE REPUBLIC

"**Rescue Me**"



Released: 2019
UK Singles Chart Position: 52

WORD OF THE WEEK

DRACONIAN

/drə'kəʊniən/

Origin: Late 19th century English

Adjective

Excessively harsh and severe.

"They destroyed the independence of the press by a series of **draconian** laws"

QUOTE OF THE WEEK

"This world would be a whole lot better if we just made an effort to be less horrible to one another."

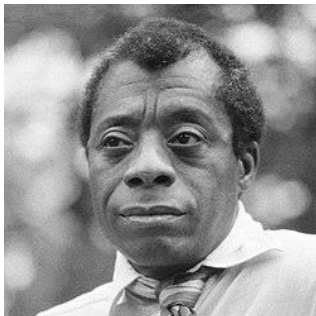
- **Ellen Page**



PERSON OF THE WEEK

James Arthur Baldwin

August 2, 1924 – December 1, 1987



An American novelist, playwright, essayist, poet and activist. His essays, as collected in *Notes of a Native Son* (1955), explore intricacies of racial, sexual, and class distinctions in Western society, most notably in regard to the mid-twentieth-century United States.

SONG OF THE WEEK

NIRVANA

"Come as you are"



Released: 1992
UK Singles Chart Position: 9

WORD OF THE WEEK

EPHEMERAL

/ɪˈfɛm(ə)r(ə)l,ɪˈfiːm(ə)r(ə)l/

Origin: From Greek
ephēmeros

Adjective

Lasting for a very short time.

"Fashions are **ephemeral**: new ones regularly drive out the old"

QUOTE OF THE WEEK

"Whatever it is you're seeking won't come in the form you're expecting."

- Haruki Murakami



PERSON OF THE WEEK

Tenzing Norgay

29 May 1914 – 9 May 1986



He was one of the first two individuals known to reach the summit of Mount Everest, which he accomplished with Edmund Hillary on 29th May 1953, but he never received the same level of recognition the Hillary did.

SONG OF THE WEEK

GLORIA GAYNOR

"I will survive"



Released: 1978
UK Singles Chart Position: 1

WORD OF THE WEEK

FLOTSAM

/ˈflɒts(ə)m/

Origin: from Anglo-Norman
French **floteson**

Noun

People or things that have been
rejected or discarded as worthless.

"The room was cleared of boxes and
other **flotsam**"

QUOTE OF THE WEEK

"Real integrity is doing the
right thing, knowing that
nobody's going to know
whether you did it or not."

– Oprah Winfrey



PERSON OF THE WEEK

Stephanie Kwolek

July 31, 1923 – June 18, 2014

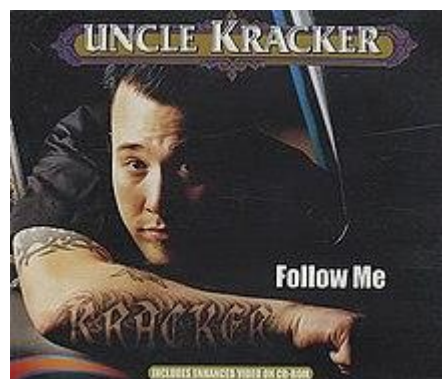


An American chemist who is known for
inventing Kevlar. She was of Polish
heritage and her career at
the DuPont company spanned more
than 40 years. She discovered the first of
a family of synthetic fibers of exceptional
strength and stiffness: poly-
paraphenylene terephthalamide.

SONG OF THE WEEK

UNCLE KRACKER

"Follow Me"



Released: 2001
UK Singles Chart Position: 3

WORD OF THE WEEK

GIBBERISH

/ˈdʒɪb(ə)rɪʃ/

Origin: 16th Century English

Noun

Unintelligible or meaningless speech or writing; nonsense.

"He talks **gibberish**"

QUOTE OF THE WEEK

"None can destroy iron,
but its own rust can!
Likewise none can
destroy a person, but its
own mindset can!"

– **Ratan Tata**



PERSON OF THE WEEK

Mary Anning

21 May 1799 – 9 March 1847

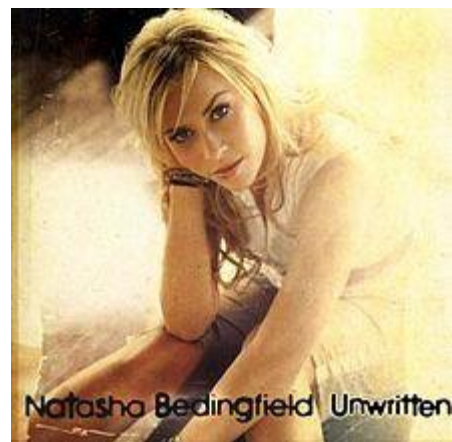


An English fossil collector, dealer, and paleontologist who became known around the world for important finds she made in Jurassic marine fossil beds in the cliffs along the English Channel at Lyme Regis. Her findings contributed to important changes in scientific thinking about prehistoric life and the history of the Earth.

SONG OF THE WEEK

NATASHA BEDINGFIELD

"Unwritten"



Released: 2004
UK Singles Chart Position: 6

WORD OF THE WEEK

HAPHAZARD

/hap'hazəd/

Origin: Late 16th Century English

Adjective

Lacking any obvious principle of organization.

"The music business works in a **haphazard** fashion"

QUOTE OF THE WEEK

"Everybody has goals, aspirations or whatever, and everybody has been at a point in their life where nobody believed in them."

– **Eminem**



PERSON OF THE WEEK

The Gulabi Gang

(The Pink Gang)



A vigilante group. The group first appeared in Banda district, Uttar Pradesh, as a response to widespread domestic abuse and other violence against women. It was previously commanded by Sampat Pal. The group consists of women between 18 and 60 years old.

SONG OF THE WEEK

THE SCRIPT ft WILL I AM

"Hall of Fame"



Released: 2012
UK Singles Chart Position: 1

WORD OF THE WEEK

INDOMITABLE

/ɪnˈdɒmɪtəb(ə)l/

Origin: From late Latin
in- 'not' + **domitare** 'to tame'.

Adjective

Impossible to subdue or defeat.

"A woman of **indomitable** spirit"

QUOTE OF THE WEEK

"In order to be
irreplaceable one
must always be
different"

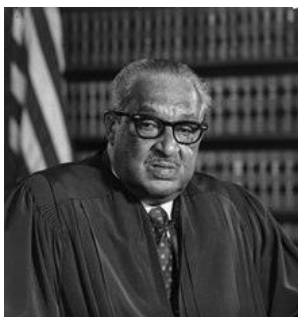
- Coco Chanel



PERSON OF THE WEEK

Thurgood Marshall

July 2, 1908 – January 24, 1993

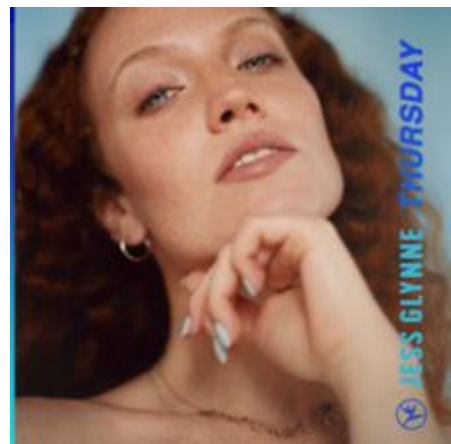


An American lawyer and civil rights activist who served as Associate Justice of the Supreme Court of the United States. Marshall was the Court's first African-American justice. Prior to his judicial service, he successfully argued several cases before the Supreme Court, including *Brown v. Board of Education*.

SONG OF THE WEEK

JESS GLYNNE

"Thursday"



Released: 2018
UK Singles Chart Position: 3

WORD OF THE WEEK

ZUGZWANG

/ˈzʌgzwʌŋ, ˈzuːgzwʌŋ/

Origin: From German

Zug 'move' + **Zwang** 'compulsion'.

Noun

A situation in which the obligation to make a move in one's turn is a serious, often decisive, disadvantage.

"Black is in zugzwang"

QUOTE OF THE WEEK

"If everything was perfect, you would never learn and you would never grow."

– **Beyoncé**



PERSON OF THE WEEK

Richard Trevithick

13 April 1771 – 22 April 1833

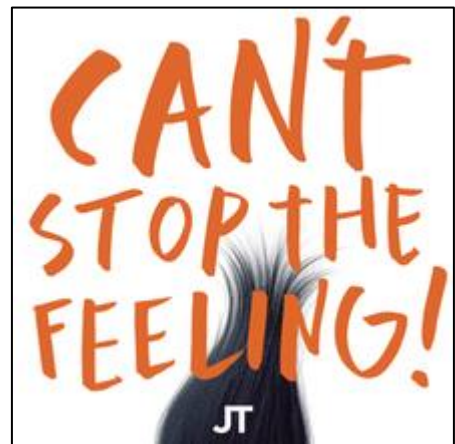


A British inventor and mining engineer from Cornwall. His most significant contribution was the development of the first high-pressure steam engine. He also built the first working railway steam locomotive.

SONG OF THE WEEK

JUSTIN TIMBERLAKE

"Can't stop the feeling"



Released: 2016
UK Singles Chart Position: 2

WORD OF THE WEEK

BERSERK

/bəˈzɜːk, bəˈsɜːk/

Origin: From Old Norse
birn-, *bjorn* 'Bear' + *serkr* 'coat'

Adjective

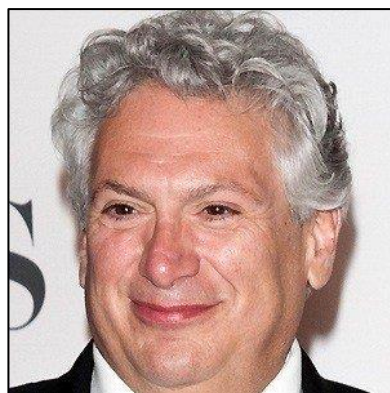
Out of control with anger or excitement; wild or frenzied.

"A man **went berserk** in the shop when they wouldn't serve him"

QUOTE OF THE WEEK

"Accept no ones definition of your life. Define yourself."

-Harvey Fierstein



PERSON OF THE WEEK

Andree Borrel

18 November 1919 – 6 July 1944

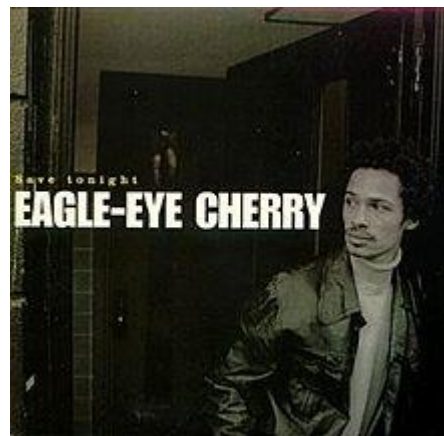


A French woman who served in the French Resistance and as an agent for Britain's clandestine Special Operations Executive in World War II. She allied herself with resistance groups and supplied them with weapons and equipment parachuted in from England. She is considered to be the first female paratrooper.

SONG OF THE WEEK

EAGLE EYED CHERRY

"Save Tonight"



Released: 1997
UK Singles Chart Position: 6

WORD OF THE WEEK

HYPERBOLE

/hʌɪ'pə:bəli/

Origin: late Middle English

Noun

Exaggerated statements or claims not meant to be taken literally.

"He vowed revenge with oaths and hyperboles"

QUOTE OF THE WEEK

The more you know who you are, and what you want, the less you let things upset you.

- **Sofia Coppola**
(In the film *Lost In Translation*)



PERSON OF THE WEEK

Lewis Latimer

September 4, 1848 – December 11, 1928



An American inventor and patent draftsman for the patents of the light bulb and telephone. He improved Thomas Edison's original invention by patenting the use of a carbon filament which made possible the widespread use of electric light in public and at home.

SONG OF THE WEEK

TAYLOR SWIFT

"Only the Young"



Released: 2020
UK Singles Chart Position: 57

WORD OF THE WEEK

INEFFABLE

/ɪn'ɛfəb(ə)l/

Origin: Latin
in- 'not' + **effabilis**

Adjective

Too great or extreme to be expressed or described in words.

"The **ineffable** mysteries of the soul"

QUOTE OF THE WEEK

I have discovered in life that there are ways of getting almost anywhere you want to go, if you really want to go.

– Langston Hughes



PERSON OF THE WEEK

Gertrude Benham

July 1867– February 1938



An English explorer and mountaineer. Also an intrepid hiker and walked from Chile to Argentina, across Kenya, and Africa on foot. As she traveled, she also drew, and her drawings were later used in mapping the countries she explored. Benham always traveled alone or with native guides, spending less than 250 British pounds a year.

SONG OF THE WEEK

FALL OUT BOY

"Immortals"



Released: 2014
UK Singles Chart Position: 84
UK Rock Chart Position: 1

WORD OF THE WEEK

PERFIDIOUS

/pə'fɪdiəs/

Origin: Latin

Adjective

Deceitful and untrustworthy.

"A **perfidious** friend"

QUOTE OF THE WEEK

"Sometimes our strengths
lie beneath the surface ...
Far beneath, in some
cases."
— **Moana**



PERSON OF THE WEEK

Srinivasa Ramanujan

22 December 1887 – 26 April 1920



An Indian mathematician, Though he had almost no formal training in pure mathematics, he made substantial contributions to mathematical analysis, number theory, infinite series, and continued fractions, including solutions to mathematical problems then considered unsolvable.

SONG OF THE WEEK

WILSON PHILLIPS

"Hold On"



Released: 1990
UK Singles Chart Position: 6