

- Build revision into your study schedule – don't leave it until there is an in-class test or exam coming up
- Choose a topic or area you are going to focus on.
- Brain dump everything you can remember
- Use your notes, textbook and any other resources available to you to add to your audit activity – use a second colour.
- Choose an exam question or a series of questions linked to the topic.
- Answer the question[s]

 Block your time into 3 45-minute blocks – space out your subje Interleave topics you feel confident with topics you don't. Identify specific tasks complete, that you do tick or cross off. Write it down! Use a planner or timetable keep track of your revision. 	 to Time yourself – keep you focus minutes. Keep it all in or Keep it all in or Mindmap Answer know questions Online quizz Retrieval class 	 about this topic. Time yourself – this will keep you focused. ~15 minutes. Keep it all in one colour. Example Audit Activities Mindmap Answer knowledge questions Online quizzing Retrieval clocks 		 Pair and share with another student taking your course/ subject. See your teacher and ask specific and focused questions. 		 Answer the question[s] using the timing of about 1 mark per minute. Be strict with yourself. When the time is up finish off the question in a different colour. Go back to your notes and add / annotate your answer with things you missed in a third colour. 	
THEY ARE BRAVE	THEY MAKE CONNECTIONS			THEY ARE PROACTIVE		THEY ARE NOT PERFECT	
	0,0,0,0						
A fear of failure will stop you from trying new things that can improve your learning. Don't be afraid to ask questions, take risks, and experience new things.	Look for the connections between your different subjects, to what is happening in the world around you. This will reinforce what you are learning and show its relevance.	learn if you Get a good eat well, e take time If you are	t be able to are not well. night's sleep, xercise and e to relax. struggling h out.	Go beyond the tasks set by your teacher, seek out information to add to what is taught in the lesson. Listen to podcasts, watch documentaries, read around your subject and ask questions.		No one is perfect and trying to be can limit your success and affect your health. Acknowledging your areas of weakness can help you to improve as well as focus your revision and study.	